



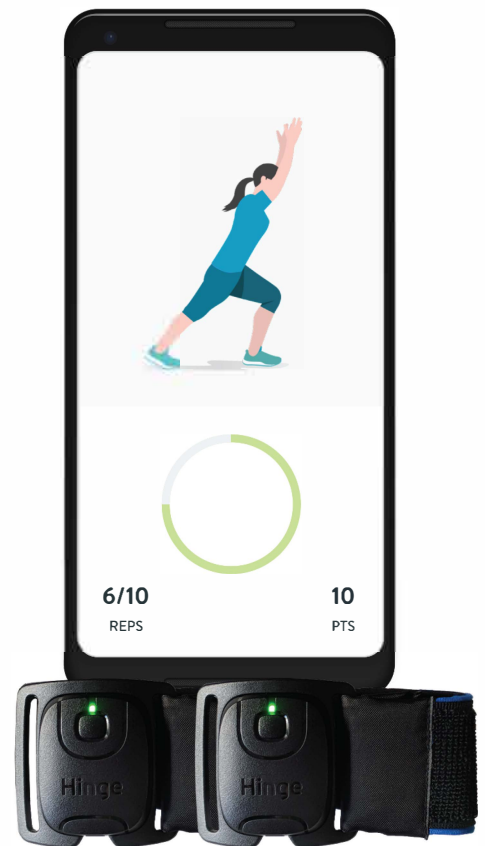
Conquer back and joint pain without drugs or surgery

You and your eligible family members get **free access** to Hinge Health's programs for **back, knee, hip, shoulder, neck, and other pain**, which may include:

- Wearable sensors for live feedback in the app
- Unlimited 1-on-1 health coaching
- Personalized exercise therapy

Over 180,000 members have joined our programs so far, and cut their pain by nearly 70%!

Eligibility: Members, pre-65 retirees, and dependents 18+ enrolled in a PRISM medical plan through Anthem or Blue Shield of California are eligible (includes EPO, PPO, and HDHPs - HMOs will have access to Hinge beginning January 1, 2024).



To learn more call (855) 902-2777, or apply at:
HINGEHEALTH.COM/PRISM

